



DAILY ACTIVITY SCHEDULE

Young children, toddlers and babies enjoy a structured schedule that allows for flexibility. A schedule helps the day to flow more smoothly, allows the children to anticipate coming events, and aids in achieving a variety of goals. SAOL will adhere to the written schedule, keeping in mind that anything can happen when children are involved. There will be times when SAOL must make adjustments to the schedule. Children who arrive during quiet time will be expected to rest or play quietly until the rest period is over.

ACTIVITIES

7:00 – 7:20 Greet Children & Check Temperature/ Self-Selected activities

(Individual Learning Opportunities)

7:20 – 7:30 Diapering / Handwashing

7:30 – 7:40 Bathroom Break / Handwashing / Transition

7:45 – 8:15 Breakfast (Health) / Free-Choice Child Directed Activities
(Individual Learning Opportunities) / Transition

8:15 – 8:30 Clean-Up / Wash Hands

8:30 – 8:45 Morning Walk (Outdoor Time) / Transition

8:50 -9:00 Diapering / Handwashing

9:00 –9:10 Bathroom Break / Handwashing / Transition

9:15 –9:30 Prayer/ Circle Time (Whole Group)

9:30- 9:45 Snack (Health)

9:45 – 10:00 Table Activity Time (Small Group – Individualized to meet the developmental needs of all children) / Transition

10:00 – 10:30 Free Choice Activity (Individual Learning Opportunities)

- . Arts and Crafts
- . Centers
- . Music

10:30 – 10:45 Diapering / Handwashing

10:45 – 10:55 Bathroom Break/ Handwashing / Transition

11:00 – 11:30 Outdoor Play (Whole Group)

11:30 – 11:40 Diapering / Handwashing

11:40 – 11:50 Bathroom Break / Handwashing / Transition

12:00 – 12:30 Lunch (Health) / Transition

12:30- 12:45 Handwashing / Transition

12:45 – 1:00 Nap (Infants) (Health)

12:45 – 1:00 Story Time (Whole Group)

1:00 – 1:10 Bathroom Break/ Handwashing / Transition

1:15 – 3:00 Nap (Toddlers) (Health)

3:00 – 3:10 Diapering / Handwashing

3:10 – 3:20 Bathroom Break/ Handwashing / Transition

3:30 – 3:45 Snack/ Transition (Health)

3:50 – 4:20 Self-Selected Play (Indoors or Outdoors) (Individual Learning Opportunities)

4:20 – 4:30 Diapering / Handwashing

4:30 – 4:40 Bathroom Break/ Handwashing / Transition

4:40 – 5:00 Reading/ Manipulative Boxes (Individual Learning Opportunities, or Teacher-Directed)

5:00 – 5:30 Clean-Up / Dismissal